

Lily Leung: I visit the eElderly website every day. It's tailor-made for the elderly.

Super: I'm a smart elder. Please enter.

Lily Leung: You can find information on interest classes and healthy recipes there.

Super: News Learning Health Privileges Services Life Caring skills Caregiver support

Hacken Lee: I also use the website to find out about how I can help the elderly.

Super: I'm a smart carer. Please enter

Elderly man: There are new activities at the elderly centre downstairs!

Grand-daughter: Grandma, let's go to this health talk on Saturday.

Elderly man & woman: e123

Hacken Lee: It's so easy for the elderly to get online. Come and visit this online platform!

eElderly website: www.e123.hk

Hotline: 2344 5123